

MT WHITNEY ASCENT

Partake in a short scenic climb to summit the tallest mountain in the continental United States. This is a great precursor to higher summits, such as Kilimanjaro.

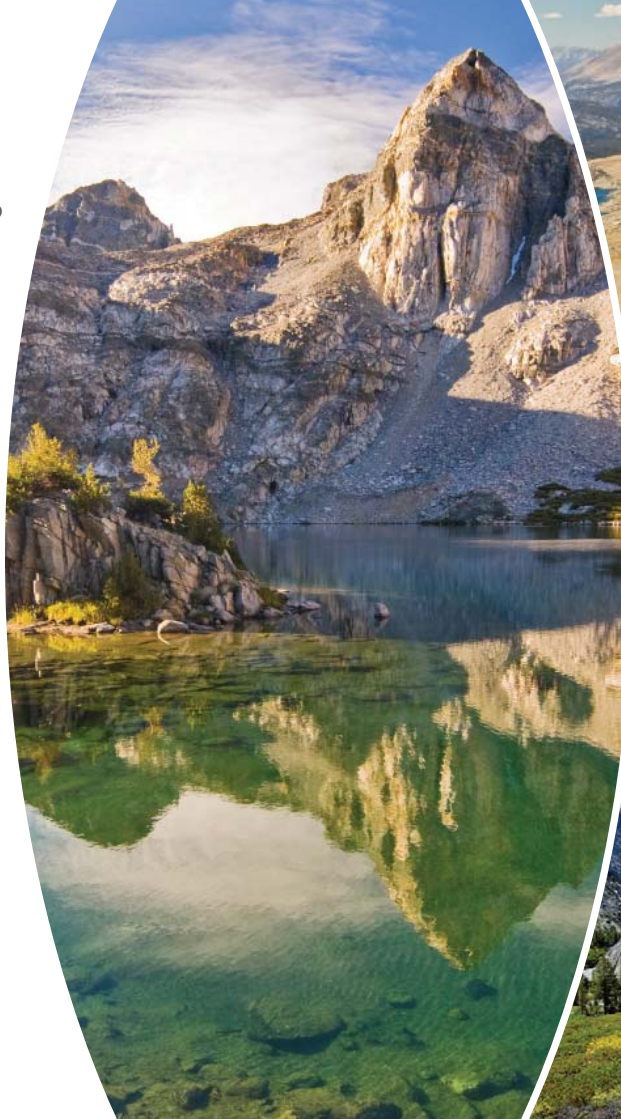


LEVEL:



Epic exclusive: **7 DAYS**

Best months: **JUN - SEP**





MT WHITNEY ASCENT

This Mount Whitney adventure is a five day hike through the Sequoia National Park reaching the summit of Mt Whitney from the lesser frequented western route.

This is a wonderful introduction to a spectacular wilderness area and America's highest peak in the lower forty-eight. The raw natural beauty of the region showcases the granite batholiths of the Sierra Nevada area.

DAYS 1 – 2: LONE PINE, CALIFORNIA / COTTONWOOD PASS / ROCK CREEK

The adventure begins just outside Lone Pine, California, entering the park through Cottonwood Pass. This world class hike offers stunning views of high alpine lakes, lush meadows and multiple 4,200 m (14,000 ft) peaks. Your first days include a series of acclimating treks (climb high, sleep low), which will prepare you for your summit attempt. Mules are utilised to carry gear and our crew will set up our private camps along the way.

DAYS 3 – 7: GUITAR LAKE / SUMMIT BID / ROCK CREEK / LONE PINE

Weather permitting, you will make your summit bid on Day 3 from Guitar Lake. This stage of the climb is approximately 5.5 miles (9 km) with numerous switchbacks leading you to the pinnacle, with time to enjoy the surrounding views overlooking the Owen Valley to the east and the vast forests and lakes to the west. With a shortened descent, you reach base camp for a well deserved celebration.

Prior to the commencement of the ascent, Epic will provide you with personalised fitness targets and will closely monitor your progress. Whether your first climb, or a preparation climb for another Epic summit trip, this a great opportunity to join a group of motivated individuals to top the highest point in the contiguous United States, at 4,421 m (14,505 ft).

- Set **departure dates** are available.
- Minimum age 15 years.

For more information, please contact:
Kevin Jackson kjackson@epicprivatejourneys.com